

MULLABRACK & KILCLUNEY

KIDS ZONE

Sunday 25 October

Talking time



- What does God tell us to put on to protect ourselves?
- What is the belt of truth?
- Why does the breastplate of righteousness cover our heart?
- How will you ensure you have the belt of truth on each day?

Theme:

The Armour of God



Belt and
breastplate

Bible



Ephesians
6:10-18

God's story - The
armour of God
([click here](#)).

Memory verse

1 Corinthians 16:13

*Be on your guard; stand firm in the
faith; be courageous; be strong*

Actions:

- **Be on your guard** - stand straight like a soldier with salute.
- **Stand firm in the faith** - step forward with hands clasped in a prayer like position.
- **Be courageous** - hold up a pretend sword and shake it.
- **Be strong** - raise both arms and show strength (muscles!)

Family challenge

Game:

(Knight, horse and cavalier)



- Play music
- Children run around pretending to be riding of horse.
- Stop music and shout either Knight, Horse or Cavalier - they must follow these actions
- Knight = Get down on one knee
- Horse = get down onto all fours
- Cavalier = Jump unto someone's back!

Worship song



Walking in the light of
God - [click here](#)

I'm in the Lord's army.
- [click here](#)

Prayer



*Dear God...Help us to remember to
put the armour of God on each day
when we get out of bed or before we
go out of the house and know that
God is with us. Amen*

Spiritual Weapon Prayers:

Belt of truth - Remember God's
truth in your life.

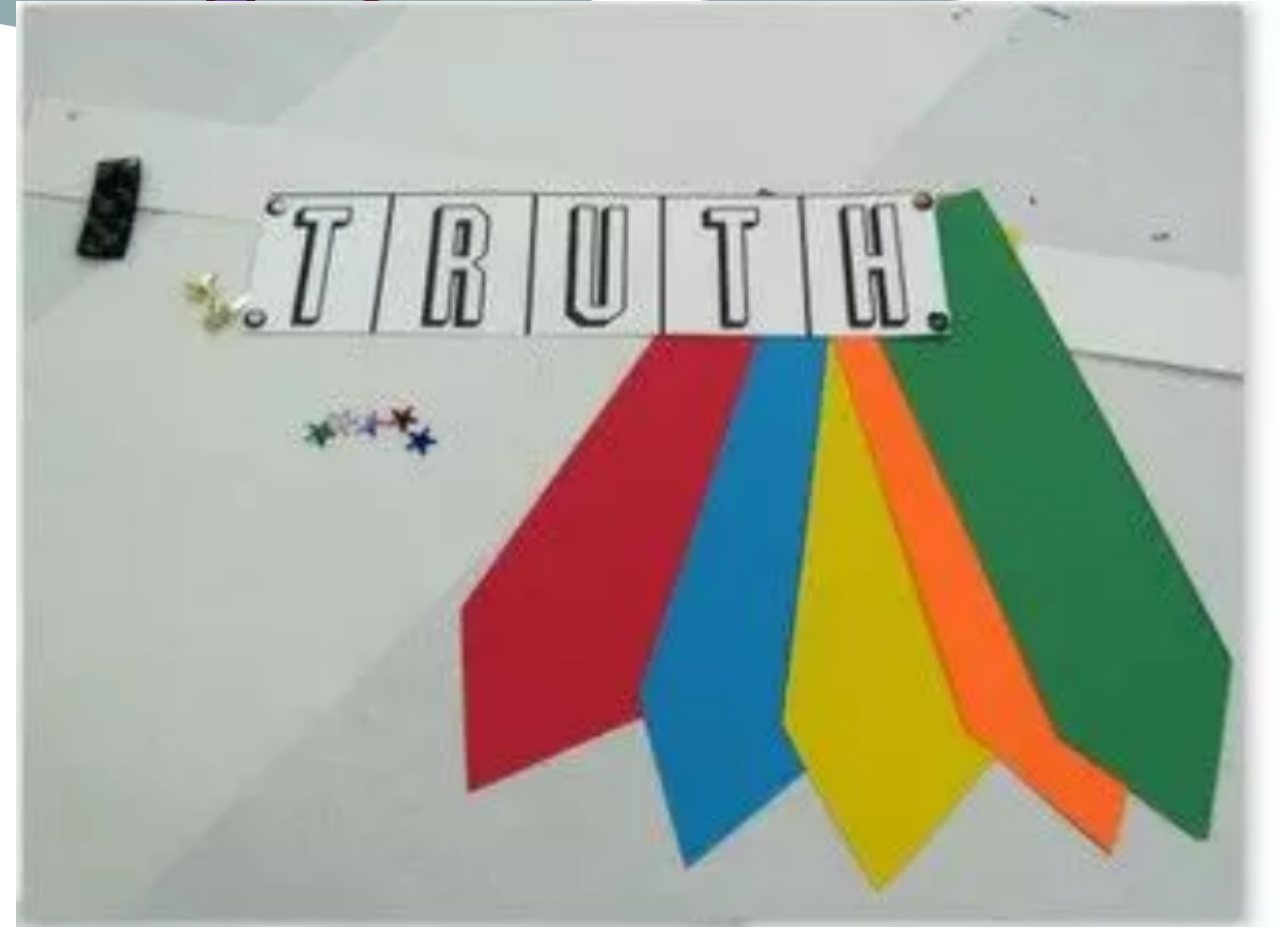
Breastplate of righteousness -
Remember to do what is right
each day

CRAFT CRAFT CRAFT



Belt of truth:

- Make paper strips for the belt.
- Write or draw truths about God on each piece of paper.
- Attach to the belt (write Truth)



Breastplate of righteousness

- Cut out a cardboard breastplate to fit.
- Decorate like a breastplate and write on it "Breastplate of righteousness"

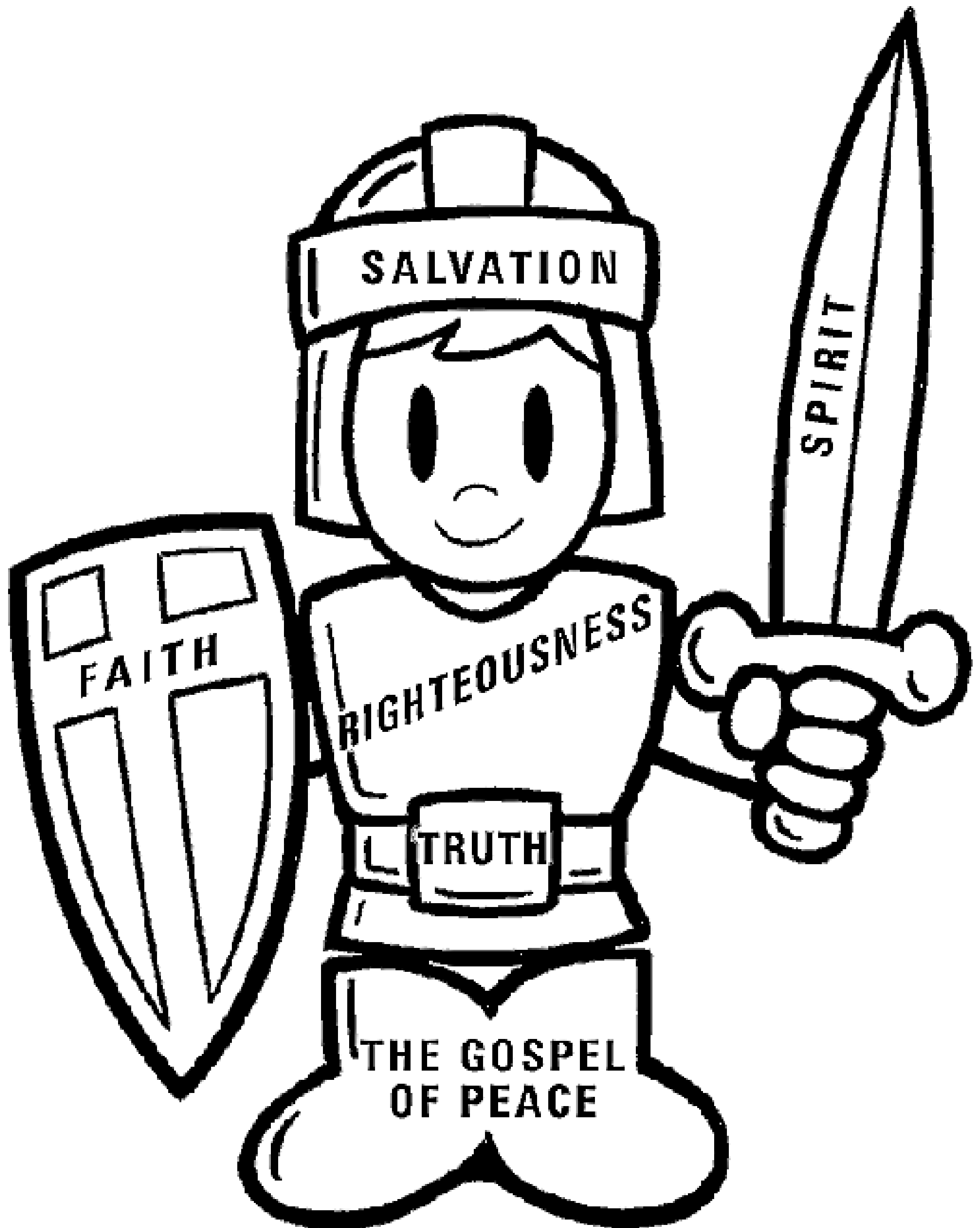


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Armor of God



Ephesians 6:11-18